



## MDT Facilitator Training Guide

Created by the [Regional Children's Advocacy Centers](#) (RCACs), this guide outlines free resources for multidisciplinary team (MDT) facilitators' professional development.

- The first table, [Training](#), lists training options that will help MDT facilitators meet the 8.0 hours of initial training required in the [National Standards of Accreditation for Children's Advocacy Centers](#).
- The second table, [Additional Resources](#), lists learning opportunities, publications, and other valuable contacts for MDT facilitators.

Training					
<i>*Click here to view training offered by the Regional Children's Advocacy Centers.</i>					
Title	Resources for Training	Date	Total Hours	Certificate Available	Regional Contacts
<b>Core Concepts for Team Facilitation</b>  <i>Midwest Regional CAC</i>	Visit <a href="#">MRCAC's Core Concepts for Team Facilitation</a> to register for this self-paced online course that has five modules: <ol style="list-style-type: none"> <li>1. Intro to Team Facilitation and the Google Team Model</li> <li>2. Creating a Safe Space for Your Team</li> <li>3. Structures and Processes</li> <li>4. Facilitating Open Dialogue</li> <li>5. Building Individual and Team Resilience</li> </ol>	Open enrollment	2.5 hrs	Yes	<b>Midwest Regional CAC</b> Sara Lee <a href="mailto:Sara.Lee1@childrensmn.org">Sara.Lee1@childrensmn.org</a>
<b>Cultivating the Role of Team Facilitator</b>  <i>Southern Regional CAC</i>	Visit the <a href="#">NCAC Virtual Training Center (NCACvtc)</a> to become a registered user of the NCACvtc and search for the course title.  This is a self-paced online course that contains 10 modules: <ol style="list-style-type: none"> <li>1. Revisiting the MDT Model</li> <li>2. Why MDTs Take Work</li> <li>3. Introducing the Role of MDT Facilitator</li> <li>4. Embracing a Facilitative Approach</li> <li>5. Supervision and Support of MDT Facilitators</li> <li>6. Planning for Team Facilitation</li> <li>7. Introducing Psychological Safety</li> <li>8. Building and Sustaining a Positive Climate</li> <li>9. Learner Questions</li> <li>10. Rethinking Case Review</li> </ol>	Open enrollment	5.75 hrs	Yes	<b>Southern Regional CAC</b> Greg Flett <a href="mailto:gflett@nationalcac.org">gflett@nationalcac.org</a>



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<b>Fundamentals of Team Facilitation 1</b>  <i>RCACs</i>	<p><b>Fundamentals of Team Facilitation 1: For New MDT Facilitators</b> is a two-day live virtual training for new MDT facilitators who have been in their role for <b><u>less than 18 months</u></b>. In this training, participants will:</p> <ul style="list-style-type: none"> <li>Identify the strengths and challenges of the CAC/MDT model.</li> <li>Understand the importance of the MDT facilitator role on MDTs.</li> <li>Identify core responsibilities of the MDT facilitator role.</li> <li>Understand the importance of safety and trust on a team.</li> <li>Apply strategies for building trust and psychological safety to their MDT.</li> </ul> <p>This training is open to MDT facilitators nationally.</p> <p><b>This training is in high demand and seating is limited.</b></p> <p><b>Applications are required.</b></p>	Visit the <a href="#">RCACs website</a> for more information.	12.0 hrs	Yes	<p><b>Midwest Regional CAC</b> Sara Lee <a href="mailto:sara.lee1@childrensmn.org">sara.lee1@childrensmn.org</a></p> <p><b>Northeast Regional CAC</b> Tony DeVincenzo <a href="mailto:Tony@nrcac.org">Tony@nrcac.org</a></p> <p><b>Southern Regional CAC</b> Lydia Johnson Grady <a href="mailto:Lgrady@nationalcac.org">Lgrady@nationalcac.org</a></p> <p><b>Western Regional CAC</b> Joyce Prusak <a href="mailto:jprusak@rchsd.org">jprusak@rchsd.org</a></p>



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<b>Fundamentals of Team Facilitation 2</b>  <i>RCACs</i>	<p><b>Fundamentals of Team Facilitation 2: For Experienced MDT Facilitators</b> is a three-day live virtual training for experienced MDT facilitators who have been in their role for <b>at least 18 months</b>. In this training, participants will:</p> <ul style="list-style-type: none"> <li>• Understand the MDT facilitator's role in aligning the team with the CAC/MDT model.</li> <li>• Understand how to build foundations for team success by defining team mission, vision, and purpose.</li> <li>• Appreciate the importance of formally onboarding new team members.</li> <li>• Understand stages of team development and key concepts for team resilience.</li> <li>• Recognize sources of bias and identify strategies for mitigating it.</li> <li>• Practice building powerful questions for increased dialogue and conflict resolution.</li> </ul> <p>This training is open to MDT facilitators nationally.</p> <p><b>This training is in high demand and seating is limited.</b></p> <p><b>Applications are required.</b></p>	Visit the <a href="#">RCACs website</a> for more information.	12.0 hrs	Yes	<p><b>Midwest Regional CAC</b> Sara Lee <a href="mailto:sara.lee1@childrensmn.org">sara.lee1@childrensmn.org</a></p> <p><b>Northeast Regional CAC</b> Tony DeVincenzo <a href="mailto:Tony@nrcac.org">Tony@nrcac.org</a></p> <p><b>Southern Regional CAC</b> Lydia Johnson Grady <a href="mailto:Lgrady@nationalcac.org">Lgrady@nationalcac.org</a></p> <p><b>Western Regional CAC</b> Joyce Prusak <a href="mailto:jprusak@rchsd.org">jprusak@rchsd.org</a></p>



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<b>Team Facilitation Skills Intensive</b>  <i>Northeast Regional CAC</i>	<p><b>Team Facilitation Skills Intensive</b> is designed to empower facilitators with the skills, knowledge, and confidence needed to effectively coordinate the MDT response to child abuse in their community. The training is a six-month commitment with in-person and virtual components.</p> <p>This training is open to MDT facilitators working in the <b>Northeast</b> region.</p> <p><b>Seating is limited to a maximum of 20 participants for each learning cohort.</b></p> <p><b>Applications are required.</b></p>	Visit the <a href="#">Northeast Regional CAC website</a> for more information.	16.0 hrs	Yes	<b>Northeast Regional CAC</b> Tony DeVincenzo <a href="mailto:tony@nrcac.org">tony@nrcac.org</a>



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<b>Peer Support</b>  <i>RCACs</i>	<p><b>MDT Facilitator Peer Forums</b> are a quarterly, virtual opportunity to connect with peers across the country who are facilitating MDTs.</p> <p>Each forum starts in a large-group format to review a topic related to MDT facilitation, and then participants are placed in Zoom breakout rooms for self-facilitated, small-group discussions and resource sharing. At the end, participants are brought back together in one large group for a Q&amp;A with regional staff.</p>	Visit the <a href="#">RCACs website</a> for more information.	1.5 hrs	Yes	<p><b>Midwest Regional CAC</b>            Jordan Benning  <a href="mailto:jordan.benning@childrensmn.org">jordan.benning@childrensmn.org</a></p> <p><b>Northeast Regional CAC</b>            Tony DeVincenzo  <a href="mailto:tony@nrcac.org">tony@nrcac.org</a></p> <p><b>Southern Regional CAC</b>            Greg Flett  <a href="mailto:gflett@nationalcac.org">gflett@nationalcac.org</a></p> <p><b>Western Regional CAC</b>            Joyce Prusak  <a href="mailto:jprusak@rchsd.org">jprusak@rchsd.org</a></p>



## Additional Resources

<b>Learning Opportunities</b>	<b><i>MDT Facilitator Microlearning Series</i></b> <a href="#">Click here</a> to access microlearning that are designed to offer ideas, strategies, and skills you can use to support a healthy and successful MDT.
<b>Publications</b>	<a href="#">Click here</a> and search “MDT” to access the following and additional resources on the RCAC website: <ul style="list-style-type: none"> <li>• <b><i>Beyond Case Review: The Value of the Role of Team Facilitator in the Multidisciplinary Team/Children’s Advocacy Center Model</i></b></li> <li>• <b><i>Field Guide for MDT Facilitators</i></b></li> </ul>
<b>State Chapters</b>	Contact your State Chapter to learn more about additional training, resources, and support for MDT facilitators. For a list of the State Chapter websites, visit the <a href="#">homepage of the RCACs website</a> and click on a state to view the Chapter's website.
<b>Regional Websites</b>	Discover <a href="#">training</a> and <a href="#">resources</a> from all the Regionals on the <a href="#">RCAC website</a> .  Access region-specific training on each Regional’s website: <ul style="list-style-type: none"> <li>• <a href="#">Midwest Regional CAC website</a></li> <li>• <a href="#">Northeast Regional CAC website</a></li> <li>• <a href="#">Southern Regional CAC website</a></li> <li>• <a href="#">Western Regional CAC website</a></li> </ul>

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